

Loganholme

winter menu



ORGANIC SOURDOUGH \$6.50

Toasted Organic Sourdough with your choice of Everymite, Seasonal Jam, almond butter or local honey

***Make mine gluten free! \$2.50**

Add Half Avocado \$5.00

ORGANIC FRUIT TOAST \$6.50

Leavain Organic Middle Eastern Fruit Toast swerved with butter

***Make mine dairy free**

PALEO FRUIT TOAST \$6.50

Paleo date, raisin and walnut loaf served with butter

***Make mine gluten free! \$2.50**

SUPERSEED MO AVO \$18.50

Avocado with YAY! vegan Feta, beetroot hummus & toasted superseeds on Local Organic Sourdough

***Make mine gluten free! \$2.50**

HUMBLE HAM & CHEESE \$10.50

Nitrate-Free Ham and Cheese on toasted local organic sourdough.

SOUP OF THE DAY \$14.50

Fresh hot soup to warm you up from the inside! Served with Organic Sourdough

***Make mine gluten free! \$2.50**

SIDES

Vegan Yay Feta \$4

Half Avocado \$5

Sourdough Toast \$3

SUB Gluten free toast \$2.5

Gluten free toast side \$4

Sauce Side/ Extra sauce \$1.50

Organic Coffee

IS THE ONLY WAY



ESPRESSO \$4.00
PICCOLO

CAPPUCCINO - FLAT WHITE \$5.00 SML
LONG BLACK - LATTE - MOCHA \$5.50 MED
DANDY LATTE - CHAI LATTE \$6.50 LRG

BULLETPROOF
Hot espresso coffee blended
w/ organic butter and MCT oil \$6.00 SML
\$7.00 MED

OVER ICE
LONG BLACK \$5.00
LATTE - MOCHA \$5.50
CHOC - CHAI - MATCHA \$6.00



SUPERFOOD LATTES
NUTRA ORGANICS **LUNAR LATTE** \$6.00 SML
NUTRA ORGANICS **VELVET LATTE** \$6.50 MED
TOTALLY RAWesome **GOLDEN LATTE** \$7.00 LRG
MATCHA LATTE



CUP OF TEA
ENGLISH BREAKFAST - GREEN \$4.00 MED
EARL GREY - PEPPERMINT
CHAI - CHAMOMILE

EXTRAS
OATLY - BONSOY - ALMOND
COCONUT - MACADAMIA \$0.80
DECAF - EXTRA SHOT



SYRUPS \$0.80
HONEY - MAPLE - CARAMEL - VANILLA -
HAZELNUT



SMOOTHIES ARE LIFE



CELLULAR GREEN   \$11.00
Avocado, kale, spinach, mint,
lemon, banana & coconut water


PROTEIN BREW   \$11.00
Banana, espresso, cinnamon,
salted caramel protein &
almond milk

CHOC PROTEIN   \$11.00
Cacao, cacao nibs, chocolate
protein, dates, banana &
almond milk

ACAI SMOOTHIE   \$11.00
Acai energy, mixed berries,
banana, hemp seeds & coconut
water

BERRY PROBIOTIC   \$11.00
Banana, coconut yoghurt, chia
seeds, mixed berries, maple
syrup, slippery elm & coconut
water

DATE ALMOND   \$11.00
Banana, medjool dates,
almonds, vanilla protein,
cinnamon & almond milk

ACAI BOWL  \$15.50
Energy Acai, banana, berries,
mango & coconut water
topped with seasonal fruit
and granola



*Only organic
dairy used here!*