

ORGANIC SOURDOUGH \$6.50

Toasted organic sourdough with your choice of everymite, seasonal Jam, peanut butter or local honey. Please specify if you would prefer butter or Nuttelex

*Make mine gluten free! \$2.50 Add nitrate-free bacon \$5.50 Add half avocado \$5.00



Scrambled - Fried - Poached Served on local organic sourdough with house tomato relish Please specify if you would prefer butter or Nuttelex

*Make mine gluten free! \$2.50 Add nitrate-free bacon \$5.50 Add half avocado \$5.00 Scrambled egg \$2 extra

SHROOMS ON TOAST \$18.50

Sourdough toast with mushroom and almond duxelle, truffle infused kale and sauteed mushrooms Please specify if you would prefer butter or Nuttelex

*Make mine gluten free! \$2.50 Add nitrate-free bacon \$5.50 Add poached eggs (2) \$5.00

SUPERSEED MO AVO \$18.50 @

Avocado with YAY! vegan feta, beetroot hummus & toasted superseeds on local organic sourdough

*Make mine gluten free! \$2.50 Add nitrate-free bacon \$5.50 Add poached eggs (2) \$5.00

ORGANIC EGGS BENNY \$19.50

Organic poached eggs on local organic sourdough, with wilted spinach, Hollandaise sauce & choice of either ham, bacon, smoked salmon. or sliced avocado



CLASSIC CHEESEBURGER \$19.50

Beef patty, cheddar, dill pickles, sweet onion pickle, lettuce and house made burger sauce.

Add nitrate-free bacon \$5.50 Substitute gluten free bun \$2.50

SHAKSHUKA EGGS \$20.50

2 organic eggs baked in tomato chickpea tagine, topped with YAY! vegan feta, dukkah, served with gluten free flatbread

SIDES

Vegan Yay feta \$4

Organic egg your way \$3

Nitrate-free bacon \$5.5

Half avocado \$5

Sourdough toast \$3

SUB Gluten free toast \$2.5

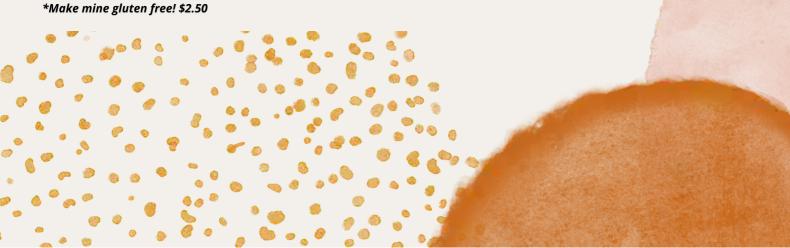
Gluten free toast side \$4

Grilled tomato \$4

Smoked salmon \$6.50

Mushrooms \$5

Tomato relish/ Aioli/ Vegan Aioli/ Hollandaise \$1.50



Organic Coffee Is THE ONLY WAY

ESPRESSO \$4.00 PICCOLO

CAPPUCCINO - FLAT WHITE \$5.00 SML
LONG BLACK - LATTE - MOCHA \$5.50 MED
DANDY LATTE - CHAI LATTE \$6.50 LRG

BULLETPROOF

Hot espresso coffee blended **\$6.00** SML w/ organic butter and MCT oil **\$7.00** MED

OVER ICE

LONG BLACK \$5.00 LATTE - MOCHA \$5.50 CHOC - CHAI - MATCHA \$6.00

SUPERFOOD LATTES

NUTRA ORGANICS LUNAR LATTE\$6.00 SMLNUTRA ORGANICS VELVET LATTE\$6.50 MEDTOTALLY RAWSOME GOLDEN LATTE\$7.00 LRG

MATCHA LATTE

POT OF TEA

ENGLISH BREAKFAST - GREEN \$5.00
EARL GREY - PEPPERMINT POT
CHAI - CHAMOMILE

EXTRAS

OATLY - BONSOY - ALMOND
COCONUT - MACADAMIA \$0.80
DECAF - EXTRA SHOT

SYRUPS

HONEY - MAPLE - CARAMEL - VANILLA - \$0.80
HAZELNUT

SMOOTHIES ARE LIFE

CELLULAR GREEN

Avocado, kale, spinach, mint, \$11.00 lemon, banana & coconut water

PROTEIN BREW

Banana, espresso, cinnamon, salted caramel protein & almond milk \$11.00

CHOC PROTEIN (1988)

Cacao, cacao nibs, chocolate protein, dates, banana & almond milk \$11.00

\$11.00

ACAI SMOOTHIE

Acai energy, mixed berries, banana, hemp seeds & coconut water

BERRY PROBIOTIC

Banana, coconut yoghurt, chia seeds, mixed berries, maple syrup, slippery elm & coconut water

DATE ALMOND

Banana, medjool dates, almonds, vanilla protein, cinnamon & almond milk

ACAI BOWL

Energy Acai, banana, berries,
mango & coconut water \$15.50
topped with seasonal fruit
and granola

